NCAA ADD/ADHD Policy - Physician Criteria

It is the responsibility of the student-athlete to mail or fax this document to their prescribing physician for completion along with the ADD/ADHD Medication Form. The physician needs to fax or mail all completed documentation and forms to the Bates College Health Center, 31 Campus Ave. Lewiston, ME 04240 Fax #: 207-786-8240

Attention Deficit Hyperactivity Disorder (ADHD) Guideline Attachment:
Criteria for letter from prescribing Physician to provide documentation to the Athletics Department/Sports Medicine staff regarding assessment of student-athletes taking prescribed stimulants for Attention Deficit Hyperactivity Disorder (ADHD), in support of an NCAA Medical Exception request for the use of a banned substance.

The following must be included in supporting documentation:

- Student-athlete’s name.
- Student-athlete’s date of birth.
- Date of clinical evaluation.

Clinical evaluation components including:

- Summary of comprehensive clinical evaluation (referencing DSM-IV criteria) -- attach supporting documentation.
- ADHD Rating Scale(s) (e.g., Connors, ASRS, CAARS) attach scores and report summary supporting documentation.
- Blood pressure and pulse readings and comments.
- Note that alternative non-banned medications have been considered, and comments.
- Diagnosis.
- Medication(s) and dosage.
- Follow-up orders.

Additional ADHD evaluation components if available:

- Report ADHD symptoms by other significant individual(s).
- Psychological testing results.
- Physical exam date and results.
- Laboratory/testing results.
- Summary of previous ADHD diagnosis.
- Other comments.

Documentation from prescribing physician must also include the following:

- Physician name (Printed)
- Office address and contact information.
- Specialty.
- Physician signature and date.

DISCLAIMER:
The National Collegiate Athletic Association shall not be liable or responsible, in any way, for any diagnosis or other evaluation made, or exam performed, in connection herewith, or for any subsequent action taken, in whole or in part, in reliance upon the accuracy or veracity of the information provided hereunder.