

African Refugee Health: Best Practices

A clinical and public health perspective

A New England Regional Conference

Jointly Sponsored by:

Bates College

**National Center for Emerging and Zoonotic Infectious Diseases (NCEZID) of the Centers
for Disease Control and Prevention (CDC)**

**Central Maine Medical Family
St. Mary's Regional Health System**

October 15-17, 2010 (Friday PM through Sunday AM)

Bates College

Lewiston, ME

PROGRAM

Pre-conference Public Health Poster Session, Pettengill Atrium Fri. 4-5:30PM

***Registration: Fri. 5-6:30 PM Pettengill Ground Floor
(beverages and appetizers served)***

Friday Evening: 6:30-8:05 Olin Auditorium

Welcome and Intro: 6:30 Haines or Low

KEYNOTE LECTURES *

- **Globally Mobile Populations: the Greater Perspective 6:35-7:20**
Martin Cetron MD, Director of Division of Global Migration and
Quarantine, NCEZID/CDC
- **Best Practices in refugee Health: Moving Towards Equity 7:20-8:05**
Patricia Walker MD “If We Knew Their Stories” DVD

Saturday Morning Lectures: 7:30-11:45 Pettengill
(beverages and continental breakfast served)

Mobility As An Opportunity for Health Interventions 7:30-8:30

- **The process of refugee resettlement for U.S. bound refugees 7:30-8:00**
Michelle Weinberg MD (CDC)
- **Vaccine Preventable Diseases and refugee camp outbreak investigation and management 8:00-8:30** Abdirahman Mohamed MD. Prevention of disease importation

Medical Screening of Refugees 8:30-9:00 William Stauffer MD. Pre-departure screening and presumptive treatment, new CDC arrival guidelines.

Tuberculosis culture and directly observed therapy 9:00-9:25 Michelle Russel (CDC). Overseas technical instructions.

Break: 9:25-9:35

LTBI and TB in the African Refugee 9:35-10:35 John Bernardo MD

Management of Intestinal Parasites and Eosinophilia 10:35-10:45 Patricia Walker MD

Medical Screening for HIV 10:45-11:15 Warren Dalal MD Epidemiology of HIV in new refugees, new guidelines, practical issues.

Question and answer session 11:15-11:45 Jennifer Cochran MPH, Moderator. Panel of am speakers.

Saturday LUNCH 12-1:15

KEYNOTE LUNCHEON SPEAKER 12:15-1:15

- **Refugee Children's Mental Health** Heidi Elli, Phd Boston public schools prevention.

1:30-5:30 WORKSHOPS *Pettengill*

1:30-2:30

- **Lead Pre and Post Immigration:** Paul Geltman MD, Heather Lindkvist MA, Susan Lee RN
- **Preparing the Infibulated Maternity Patient for Childbirth:** Susan Jacoby DNMW, Jean Kahn, CNM

- **Behavioral Medicine in the Primary Care of African Refugees:** Julie M. Schirmer, MSW, Georgi V. Kroupin, MA, L.P., Omar Ahmed MA

2:30-3:30

- **Advice for the Haj** Doug Pryce MD.
 - **Substance Abuse in the African Refugee** Mohamed Duale, M.Sc.
 - **Use of Interpreters, a Guide for Providers** Mursal Khaliif. Understanding the role of the interpreter, managing the flow of communication, guiding poorly skilled interpreters, checking on patient's understanding through the use of the teach-back-method.
 - **The Transition from Africa to America** Aden Hersi Ahmed, Reshid Shankol MD, Asmo Dol BS. Refugee and immigrant health professionals give their perspective.
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3:30-4:30

- **Malnutrition and Vitamin D Deficiency** Doug Pryce MD. Osteoporosis, rickets.
- **Child Spacing** Fadumo Ali , Jean Kahn CNM . Practical advice and materials for culturally appropriate education and group visits.

CLAS Workshop: Cultural Competency for Africa Fozia A. Abrar MD, Asmo Dol BS.

4:30-5:30

- **Oral Health Among African Refugees** Susan Cote RDH, MS.
- **Alternative/Traditional African Health Care** Alice Haines MD, Catherine Bestemen PhD.
- **Use of Interpreters, a Guide for Administrators** Mursal Khaliif . Data collection (race, ethnicity and primary language) and effective use of such data to identify/reduce health disparities. Aligning interpreter services with

Institute of Medicine's six aims, that health care should be safe, effective, efficient, patient-centered, timely and equitable.

Saturday DINNER 5:30-6:45
NETWORKING TABLES

Saturday Evening 7-9:30 PM African Cultural Events, Olin Arts Center *

African Rap Artists:

IBe

Jamal and Friends

Somali Poet/Playwright: Omar Ahmed

Sunday Morning Lectures 8:00-11:00 *Pettengill*

Hepatitis B 8-8:45 Eyasu Teshale M.D CDC. Epidemiology in Africa, management of carrier (pediatric and adult), when to refer to GI.

Malaria: Public health and clinical approach to a complex infection 8:45-9:30

William Stauffer MD (epidemiology of malaria imported from Africa, diagnosis, evaluation and treatment)

Management and Prevention of Chronic Disease in Immigrants 9:30-10:15

Pat Walker MD. Diabetes, obesity, cancer screening.

Female Genital Cutting 10:15-11:00 Sergut Wolde-Yohannes.

FAREWELL 11:00-11:05 Low or Haines

KEYNOTE LECTURE 11:15-12:15 Olin Auditorium

- **PTSD Among African Victims of War and Torture, and Their Caregivers and Families** Richard Mollica MD.

12:15-1:30 Shuttle available to local restaurants, locations TBA

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