with the holiday season upon us and kitchens filled with the smell of freshly baked Christmas cookies, I thought it might be helpful to provide some information on Internet cookies, an often misunderstood topic.

I personally do not worry about cookies. They provide a convenience when frequently accessing sites on the web and cause little if any harm. I am not recommending any draconian approach to cookie management but providing this information so you may make an informed personal choice.

There are plenty of sites that discuss cookies. I'm including links to three. The first is a video, the other two are text discussions of increasing depth. Follow along as long as time and interest permit.

FYI: when we image computers or deliver new computers, we do not transfer any cookie files.

http://www.howstuffworks.com/cookie.htm
http://surfthenetsafely.com/surfsafely5.htm
http://video.about.com/netforbeginners/What-are-Internet-Cookies-.htm

Happy holidays!