

PLEASE USE THIS FORM AND COMPLETE ALL QUESTIONS  
**BATES COLLEGE PHYSICAL EXAM FORM**

To the examining physician: Please review the student's health history form and complete this physical examination form. We ask that you comment on all abnormalities. Examinations by physician parents or siblings will not be accepted. All blanks must be filled in – including physician's signature, stamp & date. Failure to complete physical as requested will result in non clearance for sports participation **No Exceptions**. Please return to: The Health Center, Bates College, Lewiston, Me 04240 or fax to: (207)-786-8240. NCAA rule states physicals must be within 6 months of participation.

Last Name: \_\_\_\_\_ First: \_\_\_\_\_ M.I. \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_ Class: \_\_\_\_\_ Male \_ Female \_  
 Home Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
 Home Phone # : \_\_\_\_\_ Bates/cell #: \_\_\_\_\_  
 Insurance Company Name: \_\_\_\_\_  
 Policy Holder's Name: \_\_\_\_\_ Policy #: \_\_\_\_\_  
 List all Sports at Bates: \_\_\_\_\_

**Clinical Evaluation**

| D.O.B. _____  | Height _____ | Weight _____ | Blood Pressure _____ | Pulse _____ | Normal                   | Abnormal                 |
|---|--------------|--------------|----------------------|-------------|--------------------------|--------------------------|
| 1. EENT.....  |              |              |                      |             | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Thyroid.....   |              |              |                      |             | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Chest and Lungs (Include Breasts).....   |              |              |                      |             | <input type="checkbox"/> | <input type="checkbox"/> |
| * 4. Heart (history of exercise-induced problems: fainting, irregular rate?)..... |              |              |                      |             | <input type="checkbox"/> | <input type="checkbox"/> |
| * 5. Heart Murmur (include details and restrictions).....                         |              |              |                      |             | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. GI (hernia, etc.).....   |              |              |                      |             | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Endocrine system.....  |              |              |                      |             | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Orthopedics.....   |              |              |                      |             | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Current Orthopedic problems.....   |              |              |                      |             | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. Lymphatics/Hematology/Sickle Cell.....  |              |              |                      |             | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. Identifying body marks – scars, skin lesions.....                             |              |              |                      |             | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. Neurologic.....   |              |              |                      |             | <input type="checkbox"/> | <input type="checkbox"/> |
| 13. Genito Urinary (males include testicles).....                                 |              |              |                      |             | <input type="checkbox"/> | <input type="checkbox"/> |
|   |              |              |                      |             | <b>NO</b>                | <b>YES</b>               |
| 14. Is this student under treatment for any medical issues?.....                  |              |              |                      |             | <input type="checkbox"/> | <input type="checkbox"/> |
| 15. Is this student under treatment for any psychological issues?.....            |              |              |                      |             | <input type="checkbox"/> | <input type="checkbox"/> |
| 16. Any medication or therapy?.please list .....                                  |              |              |                      |             | <input type="checkbox"/> | <input type="checkbox"/> |
| 17. Are there any dietary restrictions?.....                                      |              |              |                      |             | <input type="checkbox"/> | <input type="checkbox"/> |
| 18. History of eating disorders/concerns?.....                                    |              |              |                      |             | <input type="checkbox"/> | <input type="checkbox"/> |
| * 19. Are there any restrictions on physical activity?.....                       |              |              |                      |             | <input type="checkbox"/> | <input type="checkbox"/> |
| * 20. Are there any sports this student is unable to participate in?.....         |              |              |                      |             | <input type="checkbox"/> | <input type="checkbox"/> |
| 21. Allergies.....  |              |              |                      |             | <input type="checkbox"/> | <input type="checkbox"/> |
| 22. How long have you known this student?.....                                    |              |              |                      |             | <input type="checkbox"/> | <input type="checkbox"/> |

**\*FOR ALL SPORTS PHYSICALS:** Please write on the back of this form pertinent health history including major illnesses, hospitalizations, surgeries, traumatic head injuries, orthopedic injuries, and cardiac problems. For serious injuries or illnesses within the past year, please include any restrictions and a note of clearance to play sports. (First year students playing sports – please use separate sheet if needed.)

---

|                        |         |                               |      |
|------------------------|---------|-------------------------------|------|
| Signature of physician | Address | Telephone (include area code) | DATE |
|------------------------|---------|-------------------------------|------|

---

**Release of Information**

I \_\_\_\_\_ hereby authorize and request that the Bates College Health Center and Bates College SportsMedicine be permitted to verbally communicate, send, and receive medical information, obtained in the course of treatment for injury or illness which is relevant to my participation in athletic activities, and includes my Complete Physical Exam form required for athletic participation.

**Student Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**First Year Students Only:** Please complete **immunization** information on the other side

**Physician stamp with address here:**