



# your personal health library

Informed Health® Line

Audio health library 



Turning promise into practice™

audio health library 

be informed  
about your health

When you have instant access to the health information you need, you tend to make informed health decisions. Try Informed Health Line and its audio health library.

## Forget your library card. Aetna members can simply pick up their phone to “look up” the health information they need.

Through Aetna’s Informed Health Line, members now have **24-hour access** to an audio health library — equipped with information on more than **2,000 health topics**, and accessible on demand via any touch tone phone.

Topics are available in both English and Spanish.

Whether you need information for an upcoming office visit, medical test or surgery, or if you simply want to learn more about a particular health issue or condition, simply dial in to Informed Health Line.

The prompts will direct you through the library to the information you’re looking for. If more information is needed, the system will give you the opportunity to directly connect to a registered nurse, the heart of Informed Health Line.

**Take charge of your health; get the information you need.**

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# A virtual encyclopedia of health topics

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