Welcome to the Bates College Instructions for accessing your Anthem Blue Cross-Blue Shield Insurance On-Line

The Anthem Web site offers valuable Information that can help you find a doctor, consult with Web MD and buy your prescription medicine on-line.

You must be a member of an Anthem Health Plan, have your Anthem ID Card with your Member ID number on it in order to register for the many services that are offered on the Anthem Web site.

To begin, type in www.anthem.com
Type in `www.anthem.com` on the Taskbar

Click on `REGISTER` under `Register Now`

Click on `CONTINUE`

Click on `I AGREE`
Enter your **Anthem ID number** from your Anthem Card.
If you don’t have a card, contact the HR Office at 786-6140 for assistance.

Click **Continue** under “Do you want to register now?”

Have your Anthem ID Card ready.

Enter the **ID Number** and then complete all of your personal information.

At the bottom of the page, enter the special code and Click **CONTINUE**
Pick a **Security Question** and be sure that you remember which one you pick.

Put in your response to the security question.

Type in your **email address**.

Click on **CONTINUE**

Choose a **Username**. Consult the Security Tips on the right of the page.

Choose a **Password** and enter it in. **Confirm** the password.

Click on **CONTINUE**

You will be asked to Confirm the information you have entered. Once you are sure it is correct, Click **CONTINUE**
Your **Registration** is Complete.

You are ready to Log In.

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**How to find the Health Care Assessment Tool**

Go to [www.anthem.com](http://www.anthem.com)
Under **Welcome to Anthem Blue Cross and Blue Shield**, using the drop down menu chose **Maine** and click on **ENTER**.
You are now at the **Member Home** Page. Here you can **Find a Doctor in your area**, access **My Health @ Anthem sponsored by WebMD** or **Login** using the Login Identity you just created.

Enter the **User ID** and **Password** you created

You may have to wait a few seconds to be connected to the secure Anthem web site.
To find the **Healthcare Assessment** Tool, look under **MY HEALTH** on the bottom left of your screen. Click on “More” under **Health Management Tools**.

Click on “**Health Assessment**” at the bottom left of the screen.

Click on “**Take Assessment**” on the left of your screen to begin.

Once you have completed the **Assessment**, you can go back and update it.